

Dzogchen

Introduction and overview of the view, meditation, and action of the path according to Dzogpachenpo, recognizing the nature of our fundamental goodness.

Sunday 3rd August 7pm

Healing Arts Centre 23 Ely St

Wangaratta (side entrance)

Appreciation through Donation/ Offering

There is no charge for any of the teachings. The teachings are offered freely. Ngakpa Karma Lhundup Rinpoche does not generate income from Dharma teachings, other business activities are the source of his income. Any donations he receives for teaching he offers back to Dharma and humanitarian projects. So donations are appreciated.

Traditionally an offering is always given to a teacher when receiving empowerments or teachings. Traditionally Tibetans offer a white scarf called a khata. The khata is a symbolic offering of ones virtue, good qualities and aspirations as sincerely heartfelt. If one does offer money as a donation it is best to offer it in an envelope.

Karma Lhundup Rinpoche's international travel has been paid for by a generous sponsor. His domestic travel and expenses are either paid for by his hosts or comes out of patrons donations.

Those people that are completely new to Buddhism who want to attend the weekend empowerment and teachings would be encouraged to attend the Thursday and Friday talks at Charles Sturt University, and they should also contact Geoff Deering.

Registration.

You need to register for the Medicine Buddha empowerment by emailing or phoning Geoff Deering. Anyone can attend. There is no need to register for the Sunday teachings, but we would appreciate it if you could do so, so that we know that the venue can comfortably hold all interested persons. Please bring a comfortable cushion or chair for sitting on.

Contact Details

Further enquires and details can be obtained from Geoff Deering (geoff@deering.id.au) 0412 348 084.

Ngakpa Karma Lhundup Rinpoche



Australian Tour

North East Victoria

July 31st – August 3rd 2008

www.karmalhundup.org

Charles Sturt University / Albury

Healing Arts Centre / Wangaratta

Ngakpa Karma Lhundup Rinpoche is a ngakpa (*lay yogi practitioner*) of the Nyingma lineage of Tibetan Buddhism. His teachings are simple, direct, humourous and applicable to everyday life.

He specialises in the Dudjom Tersar, Northern Treasures (*Jangter*) and the Dzogchen traditions of meditation, and performs various ancient Tibetan rituals, rites and ceremonies for living, dying and after death.

Ngakpa Karma Lhundup Rinpoche was recognised as the reincarnation of a 19th century Tibetan mahasiddha called Wariktsel Thokme by Kyabje Hungar Dorje Rinpoche and Tertön Kusum Lingpa Rinpoche. Mahasiddha Wariktsel Thokme was one of the heartsons or principle students of Do Khyentse Yeshe Dorje. His main teachers are His Holiness Dalai Lama, Kyabje Trulshik Rinpoche, Kyabje Taglung Tsetul Rinpoche, Kyabje Khamtrul Rinpoche Jamyang Dondup, Ngakchang Yeshe Dorje Rinpoche, and Lama Lungtog Gyalten.

Ngakpa Karma Lhundup Rinpoche speaks fluent English and has travelled around the world making connections with people of many backgrounds. Rinpoche has said that on his travels he gave simple teachings, performed ceremonies and made people happy with funny Tibetan stories. Rinpoche's humility is only one of his many qualities.

The Four Immeasurables

Understanding the inherent capacity for kindness in all beings and how to develop that by contemplation on the Four Immeasurables; Love, Compassion, Joy and Equanimity.

Thursday 31st July 7pm

Nowik Auditorium

Charles Sturt University

Guinea St

Albury

The Heart of Compassion -

Chenrezig Meditation Practice

Chenrezig is the embodiment of awakened compassion. This meditation's method is shows us how to transform the six root afflicting emotions, in an awakened way, into the six inherent wisdoms.

Friday 1st August 7pm

Nowik Auditorium

Charles Sturt University

Guinea St

Albury

Medicine Buddha Empowerment

The Medicine Buddha Empowerment is beneficial for health practitioners, those wishing to strengthen good health and for those with illness, disease and poor health that need support of a healing practice to assist them to recover.

Saturday 2nd August 5pm

Healing Arts Centre

23 Ely St (side entrance)

Wangaratta

Summoning Life Force, Merit, Power, and Good Fortune

These are traditional meditational practices to relate with the elements and the phenomenal world to purify, balance and increase the strength of the elements, remove obstacles and negativity, repay karmic debts and create harmonious environments, and increase auspicious energy.

Sunday 3rd August 2pm

Healing Arts Centre

23 Ely St (side entrance)

Wangaratta